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Calgary metro

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THE OSCARS
Winners, glamour, and Chris Rock talks diversity
metroLIFE

Parkland hitting the street

INFRASTRUCTURE

About 14 acres to be converted to Ring Road

Brodie Thomas
Metro | Calgary

Alberta Transportation is preparing to purchase a section of Clearwater Park from the city for construction of the southwest Ring Road.

The city-owned park is just minutes outside the city limits, not far from Signal Hill.

According to Aileen Machell, press secretary to Transportation Minister Brian Mason, the province will be purchasing about 14 acres of land, or 8.75 per cent of the 160-acre park. The parkland was donated to the city in 1979 by the Devonian Group.

Machell said the city is proposing to construct a wetland within Clearwater Park which will be used for educational purposes.

A city spokesperson said they can't comment while the matter is under negotiation.

According to the city's website, Clearwater Park is 160 acres of virtually untouched, pristine land on the banks of the Elbow River.

The city has a concept plan for constructing Clearwater Legacy Park, which would be constructed under the ENMAX Parks Program. Early concept plans from 2011 show that park taking up the southwest corner of the parkland.

THE COLD RUSH

Police recruits take Polar Plunge to support Special Olympics
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JEREMY SIMES/FOR METRO

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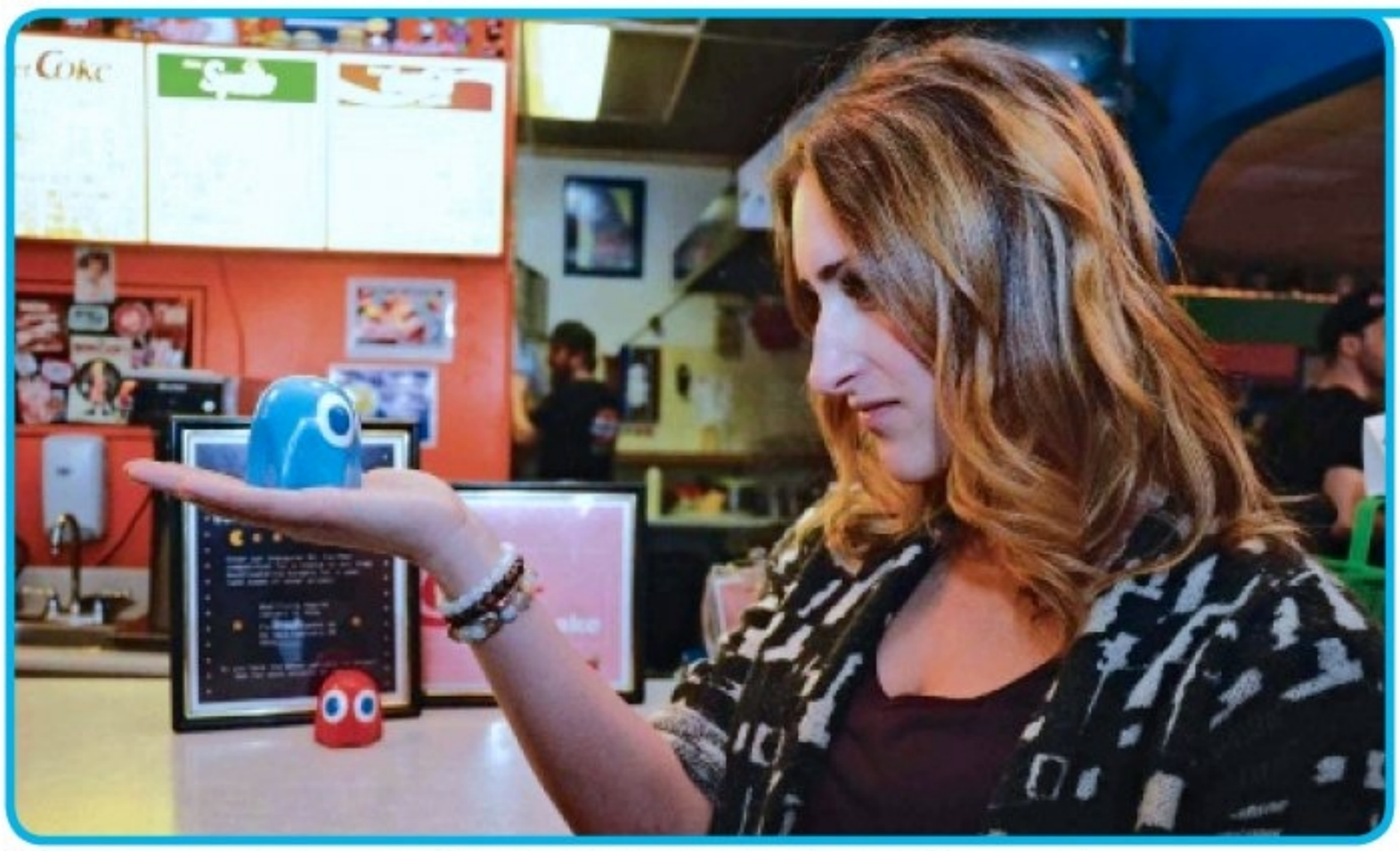
Feds to review convictions of gay men made before homosexual acts were decriminalized. **Canada**

Chasing ghosts and eating fruit

ENTERTAINMENT

Gamers compete in Ms. Pac-Man to win free burgers

Aaron Chatha
Metro | Calgary



Chelsey Levaron locks eyes with a ghost before the Ms. Pac-Man tournament. AARON CHATHA/METRO

Among the throngs of people chatting aloud and crunching into Boogies Burgers rang a noise very familiar to any child of the '80s: Wakka, Wakka, Wakka.

On Sunday, the finalists of Boogies Burgers' first ever Ms. Pac-Man tournament competed for the coveted first-place prize, which included a plaque on the wall and one free burger every week for a year.

Competitors said they took the tournament very seriously — or at least as seriously as they could considering it was a Ms. Pac-Man tournament.

Finalist Matt "Pinky" Cain said he walked in for a burger, saw the poster for one of the initial qualifying rounds and happened to have a quarter in his pocket. Next thing he knew, he was invited back as a finalist. This time, however, he made sure he was prepared.

"I tried to go to bed early, get a good breakfast, make sure I had a couple of quarters in my pocket and just avoid the ridicule from everyone else!" he laughed. "Never thought I'd be at a Pac-Man tournament today."

Despite the jovial attitude, Cain had a definite strategy when it was his turn at the aging, but lively arcade cabinet.

"Banana. Gotta go for the banana. The banana is the way to win," he said.

Cain was up against stiff competition, however — among the other finalists was Chelsey Levaron, who grew up playing Ms. Pac-Man competitively with her stepdad.

> **Gotta go for the banana. The banana is the way to win.**
> Matt Cain, Ms, Pac-Man tournament participant

"You have to get to know the ghosts," she said. "They all have different personalities."

Kipp Teghtmeyer, co-owner of Boogies Burgers, said they chose Ms. Pac-Man to kick off their first tournament because it's a classic.

"People eat burgers because they're having a good time with friends and people (and) video games are the same — they're not going anywhere any time soon," he said.

Teghtmeyer hopes to do more retro video game tournaments in the future.

1982

The original version of Ms. Pac Man was first released in arcades 34 years ago in 1982.

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Council to discuss public engagement

CITY COUNCIL

Meeting planned before BRT conflict

Brodie Thomas
Metro | Calgary

Although it's been planned for weeks, Monday's city council meeting is going to be focused on the timely issue of public consultations.

On Wednesday, Mayor Naheed Nenshi announced he was putting a halt to public engagement on a transit project in the southwest after allegations city staff were physically and verbally abused and even threatened by members of the public unhappy with the project.

The agenda for Monday's meeting has city manager Jeff Fielding talking about public participation for decision makers, and "public engagement at the City of Calgary now and going forward"

Council will then step behind closed doors to talk about "public engagement experiences and expectations."

Coun. Richard Pootmans said the timing of this meeting is a mere coincidence. However he notes it's timely, given last week's events.

He said he thinks moving to online forms of consultation makes sense in our busy culture, but he sees value in in-person meetings, too.

Coun. Druh Farrell said she has pushed for some standardization in how the city does its consultations.

Farrell noted that the consultations on Crowchild Trail upgrades are proof that it can be done without conflict.

How the city consults with the public will be the topic as Calgary City Council holds its strategic meeting Monday. METRO FILE

EMPLOYMENT

Corporate banker starts a new career

Aaron Chatha
Metro | Calgary

Three months ago, while some Albertans turned to new career paths as a result of layoffs and an economic downturn, Chris Jackson made the choice to leave his job as a corporate banker — and start at the bottom of the ladder in programming.

"I'm going to take a salary hit, that's for sure, and it'll be a big one," he said with a laugh. "But I'm prepared for that."

Jackson said people often end up living to their salary, but he was yearning for something more exciting and creative.

> "I'm going to take a salary hit, that's for sure, and it'll be a big one ... but I'm prepared for that."
> Chris Jackson

Previously, Jackson put together packages for private equity firms to buy out other companies. So in December, Jackson left his bank job and enrolled in a course at Lighthouse Labs to learn to code.

"I think the creativity part is key," he said. "There's a certain lack of creativity in that industry, finance. Only when you're on the bleeding edge of things are you creative, in terms of structuring really complex financial products that eventually crush the world."

But where Jackson was doing well in finance, learning to code has proven to be a new beast — one that's kept him in the classroom nearly 12 hours a day.

"At first, you're gonna suck," he said. "It's been good. I've sucked a lot. But then something clicks."

His wife, Angela Jackson, said she thought the change was fantastic, even if her husband's newfound passion doesn't always make for the most riveting dinner conversation.

"Most of it's Greek to me. He's trying to show what he's doing, it looks amazing, but I have no background in this," she said.

"I'm sure I'll get up to date with the lingo. It was the same with finance, just another language."

Although Jackson is starting at the bottom, of the payscale and experience ladder, he said the outlook for the tech industry is looking sunny — and he's getting to do something he loves every day.

"I can't go home and, you know, bank," he said. "But I can go home and play with development tools."

Chris Jackson typically spends 12 hours a day learning coding — but he said every day is rewarding. AARON CHATHA / METRO

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WOOD AUTOMOTIVE GROUP

Bhullar's successor will face challenges

CALGARY-GREENWAY

Candidates vie to win seat in legislature

Jeremy Simes
For Metro | Calgary

The candidate who becomes Calgary-Greenway's next MLA will have big shoes to fill, according to some of the riding's community associations.

As candidates of all political stripes begin campaigning to win the riding of Calgary-Greenway, the presence of former PC MLA Manmeet Bhullar still looms, according to Monterey Park Community Association president Lisa Rahimi.

Bhullar died in a car crash in November 2015.

Rahimi said Bhullar was one of the community's strongest advocates — he managed to get grant funding to upgrade its community hall, she said.

"Whoever the next MLA is, it's going to be quite a hole to fill," she said. "Our residents are used to what Manmeet did for us, so whoever takes over that role needs to maintain a strong presence."

Taradale Community Association Vice-President Allan Barton said he's also looking for someone who's engaged in the community.

"We're looking for someone who can sometimes attend our meetings," he said. "That happened for a while but stopped."

Crime is a big concern for both Monterey Park and Taradale, so finding ways to make communities safer is on top of Rahimi's mind, she said.

"I think people are worried and wondering why it's happening," Rahimi said. "You see it slowly, (and) slowly get more active."

The Calgary-Greenway byelection is set for March 22.

The late Manmeet Bhullar METRO FILE

BYELECTION

Announcements not rare as race goes on

Though it may look bad, it's quite common for government's to make funding announcements during byelections, according to local political experts.

Last week, the government announced green transit and flood mitigation funding — during the campaign period for the Calgary Greenway byelection.

It's a move that drew fire from Wildrose MLA Jason Nixon, who called the green transit funding a campaign-style announcement.

But according to political scientist Paul Faerie, such a funding announcement issue isn't new.

"It's a relatively common thing for governments to do and it's a common thing for opposition parties to complain about," he said.

Mount Royal University political science professor Duane Bratt said he takes no issue with the funding announcements.

"You can't just simply shut down government during a byelection," he said.

But there's still a problem with the announcement, Bratt added.

When former Progressive Conservative candidate Gordon Dirks announced funding for new, modular classrooms in his riding, current Premier Rachel Notley — who was in opposition at the time — slammed the move, and she called for legislation to prohibit such campaigning during byelections.

"They raised such an issue over the spending announcements during the Dirks byelection that they look to be hypocrites in this," he said.

But there are fundamental differences between the two announcements, Bratt noted.

He said the government's announcement doesn't affect Calgary-Greenway constituents, while Dirks' had implications for residents of Calgary-Elbow riding.

Faerie said the government could have better planned its announcement of the Calgary-Greenway byelection to avoid the politicization of the issue.

The byelection is slated for March 22.

JEREMY SIMES/FOR METRO

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The city's other BRT projects

TRANSIT

Four routes will run every 10 minutes at peak hours

Brodie Thomas
Metro | Calgary

The controversial Southwest Transitway plan is just one of four similar projects the city is currently undertaking.

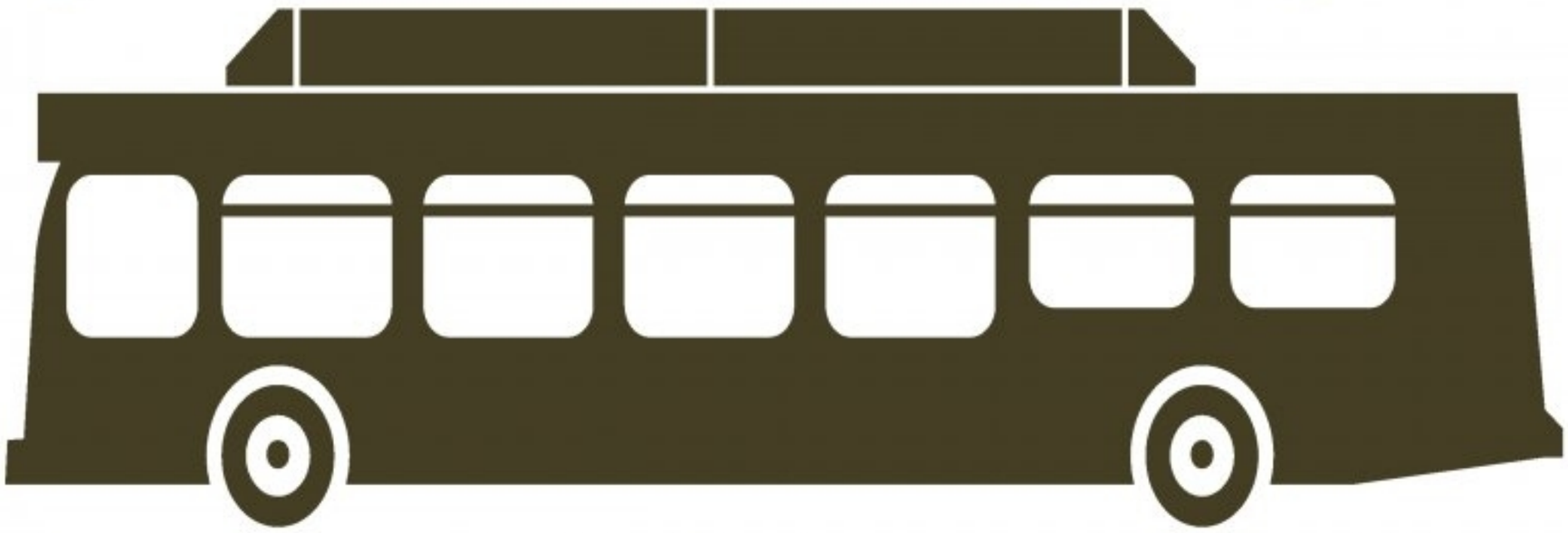
Only the southwest project has faced any serious opposition.

The other three have been advancing as planned, according to Sean Somers, communications leader at the city's transportation department.

The idea of Bus Rapid Transit is to have streamlined routes for buses, sometimes with bus-only lanes, to create more reliable service for transit users.

There are also limited stops that connect with other bus and LRT routes.

During peak period, the four transitways will have service running every 10 minutes.



17 Avenue SE

Route: Along 17 Avenue SE from 26 Street Southeast to Hubalta Road SE

Overview: On 17 Avenue SE, the city is adding bus-only lanes as part of a revamping of that commercial district. Public information sessions on the project are already complete. The project will be an improvement of the current 305 route that runs along 17 Avenue SE.

Timeline: It's slated to begin construction around the same time as the project in the SW sometime this summer. It could be complete by 2018 if all goes smoothly.

Budget: $98 million – That includes rehabilitation of roadway and sidewalk.

North Crosstown Transitway

Route: Brentwood Station, along 16 Avenue NW to 36 St. NE, then a stop at Rundle Station, up 52 Street NE to Falconridge Boulevard and Saddletowne Station.

Overview: This route will not require bus-only lanes but may make use of special traffic lights that give buses a short head start. There may be some queue jump lanes – short bus-only lanes at signalled intersections.

Timeline: The city is entering its detailed design phase in April. There will be ongoing stakeholder meetings and information sessions. Construction is slated to start in August 2016 and be completed by September 2018.

Budget: $50 million

South Crosstown Transitway

Route: Beginning at Westbrook LRT Station, Running south along 37 Street, Crowchild, Glenmore, 14 Street SW, Heritage, Glenmore Trail SE and ending at the future Quarry Park Station.

Overview: The South Crosstown will overlap on the SW Transitway in a few places, but the service runs in more of an east-west direction, rather than north-south.

Timeline: The city is entering its detailed design phase in April. There will be ongoing stakeholder meetings and information sessions. Construction is slated to start in August 2016 and be completed by September 2018.

Budget: $20 Million

The Syrian Refugee Support Group's current warehouse has become overcrowded. CONTRIBUTED

Welcoming group runs out of space

SYRIAN REFUGEES

Agency seeks more storage due to charity of Calgarians

Lucie Edwardson
Metro | Calgary

The Syrian Refugee Support Group (SRSG) is calling out to Calgarians for help solving a big problem.

According to SRSG co-founder Saima Jamal, the SRSG will need a new warehouse as the operation has outgrown its current location.

"Maybe it's the result of our own success, but the generosity and goodwill that Calgarians have shown the newcomers by bringing in truckloads of donations to our warehouse as well as the huge number of refugees and low-income people who come to seek help in our warehouse, we have now exceeded our current location's operational capacity," she said.

Jamal said finding a new space has her a bit worried, as the warehouse is the epicentre of their organization's work.

"This warehouse is not just a donation centre. This is where Calgarians come and interact every week with hundreds of new Syrians who grace our city," she said.

Coun. Gian-Carlo Carra said that, although the issue just came to his attention on Friday, he hopes to help the group find a new space.

"I'm just figuring out what the issue is and how we might be able to help," said Carra. "We do have a warehouse or two in Ward 9, and as soon as I wrap my mind around what is required, I'll be going out to some of my constituents to figure out if we've got some space."

Carra said the fact that the SRSG has grown at such a quick pace and helped so many newcomers and low-income Calgarians is typical of the spirit of the city.

The SRSG is asking all Calgarians to pass along their message.

"If you know well-connected people in high places or organizations that have warehouse space or are willing to fund one — please approach them now," she said.

CONTACT

For more information, visit yycsyr.ca or email Jamal at saimajamal2268@gmail.com.

ENTERTAINMENT

Calgary game makes it to the big show

Aaron Chatha
Metro | Calgary

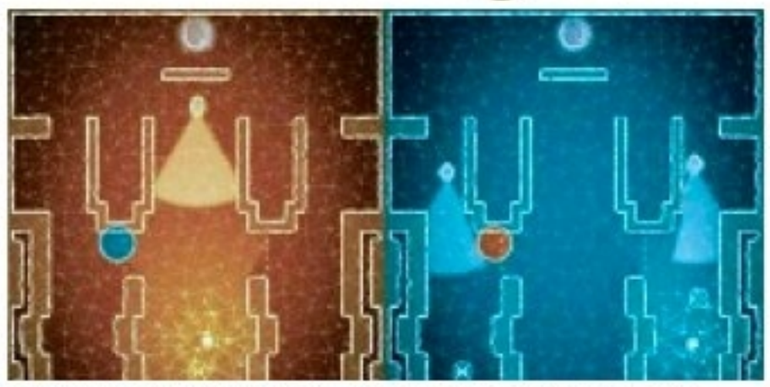
The local video-game development scene is about to hit the international stage. Radu Muresan's game Semispheres has been selected to be showcased at the Game Developers Conference in San Francisco this year.

Muresan believes it's the first time a Calgary-developed game has been chosen.

"It's a pretty selective process, so I'm proud to get in," he said.

A single-player puzzle game with a stealth twist, Semispheres challenges players to simultaneously control two characters in connected parallel realities.

Making new connections would be a huge win for Muresan and for Calgary. He said the Calgary Game Developers group, of which he is a member, is great for providing resources to game creators but lacks connections to help people get published.



Players must navigate both screens with help from abilities including portals and teleporting. COURTESY RADU MURESAN

Law students teach consent

EDUCATION

Guiding high school teens on the legal rules of sex

Helen Pike
Metro | Calgary

University of Calgary law students Dave Rennie, Staci Smith and Danielle Douglas are teaching local high school students about the legal ramifications of such things as sexting, consent and even child pornography. HELEN PIKE / METRO

Is it OK for your teen to sext?

A group of students at the University of Calgary have been teaching consent to school-aged teens with a twist — they are showing consent through a legal lens using a program dubbed the "Yes Means Yes project."

The students belong to the Faculty of Law chapter of Pro Bono Students Canada (PBSC) and have partnered up with the Women's Legal Education and Action Fund (LEAF) to offer a program about consent to Calgary students.

The program launched in September 2015 and so far the law students have gone into five Calgary Board of Education schools to teach students in grades 9 through 12 the ins and outs of consent.

Topics breeze through sexting, consent and even child pornography in a two hour session.

"Through classes like COMM and health classes, they learn more of the social side, but they're not often exposed to the legal side of things," said Staci Smith. "Not to go in and scare them, but we wanted to make sure that they understood the legal ramifications of actions they engage in."

Dave Rennie said students are curious about the subject matter because some of the classes they've presented to are legal classes.

"A lot of them are interested in seeing what is legal and what's not legal," said Danielle Douglas. "I think it's great, It's not a clear area of the law, even first-year law students have trouble with it, and I think we've been able to communicate in a way that high school students are walking away understanding the law surrounding consent."

One of the things these students are excited about is that these workshops are getting kids talking and discussing consent.

"It's important because this is a critical issue in society, especially with youth," Rennie said. "The way we've designed it it's not a lecture, it's interactive. We have scenarios that play out where they have to give us answers for what they think is fine, where they have to draw the line."

The program has been so successful, Douglas said, the organizers plan to make it bigger and better next year.

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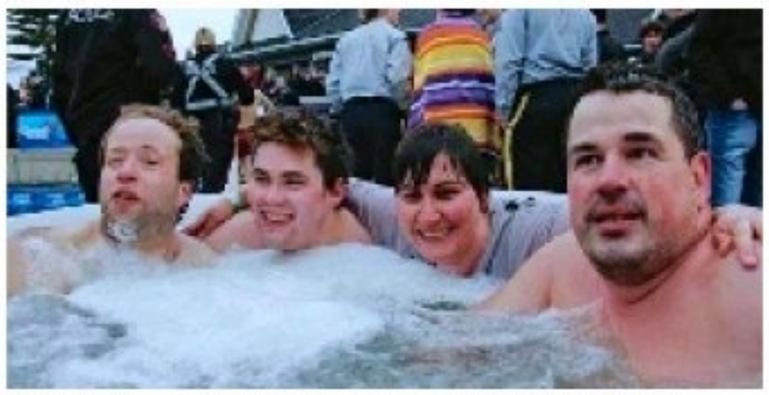
POLAR PLUNGE

Dozens braved icy waters to support Special Olympics teams

Jeremy Simes
For Metro | Calgary



Special Olympics teammates Morgan Butt, Darby Taylor, Leonka Kalan and Gino Lucarelli. JEREMY SIMES/FOR METRO

Darby Taylor's nerves didn't get to him this time.

On Sunday, it was his third time attending the annual Polar Plunge in Arbour Lake. At past Plunge events, he wore a "too chicken to plunge" T-shirt.

The fourth annual event saw dozens of Calgarians — representing numerous organization — jump into icy waters to support local Special Olympics teams.

Locals raised about $35,000 — tripling the number of plunges from 2015 — bringing the provincial total to more than $90,000. The event was presented by the Alberta Law Enforcement Torch Run.

Taylor, who has autism and intellectual disabilities, plays floor hockey with teammates Morgan Butt and Leonka Kalan. He's been on Special Olympics teams for about nine years.

"It just means the world to him," said Taylor's mom, Susan McDermott. "These are kids who would never get picked for a team and could never play, and now they're in teams travelling around Alberta."

In fact, Taylor, 22, was one of the top fundraisers in the province for this year's plunge, his mom said.

And though he admits he doesn't always win tournaments, he said playing sports makes him most happy.

"I have so much fun," he said.

So with the help of Butt and Leonka, Darby took his first plunge. As he emerged from the chilly water, he said, "That wasn't so bad."

Looks like he won't be wearing a too chicken to plunge shirt next year, he added.

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Climate impacts anxiety

INDIGENOUS AFFAIRS

Mental health of northern communities 'a big concern'

Residents of Nunatsiavut, N.L., are grieving **changes in the environment such as rising temperatures, delayed ice formation, shortened seasons, and shifting habitat**, according to PhD student Ashlee Cunsolo Willox, an assistant professor at Cape Breton University. TORSTAR NEWS SERVICE

It's mid-February and the ice roads into and out of Deer Lake First Nation still aren't reliable enough to officially open, a reality that weighs heavily on the minds of residents.

"It's very late. It's bad. We want to get our stuff, our supplies, housing materials, fuel. I don't know if we'll be able to get it this year (by road)," said chief Roy Dale Meekis.

Anxieties are high in this small Oji-Cree community, located about 700 kilometres northwest of Thunder Bay. An unusually warm winter in Ontario's north has left the roads unstable and unsafe, and kept local road groomers out of work.

More supplies have to come by air, meaning higher costs for food, diesel fuel, medicines and bottled water in a community that has been under a drinking water advisory since 2001. To reduce demand for fuel, Deer Lake recently installed a 624-panel solar system to power the school. It helps, but doesn't address the isolation.

"It is a big concern, but what can we do? There's nothing we can do," said Meekis.

Deer Lake isn't alone. Ontario has roughly 3,100 kilometres of ice roads that keep 30 remote First Nation communities connected to the rest of the province.

"There's something definitely wrong in the North," said Isadore Day, Ontario's regional chief for the Assembly of First Nations.

In an interview, Day said he suspects that despair over climate change — its impact on roads, infrastructure, hunting traditions and the surrounding environment — is contributing to mental health and social problems in aboriginal communities.

He has called on the province and federal government to conduct a major climate change impact study for the North.

"A study of this nature, if done, will have the added effect of short-circuiting the anxiety we have of being left out of this growing national discussion on climate change policy," said Day.

> **"There's something definitely wrong in the North.**
> Regional chief Isadore Day

Ashlee Cunsolo Willox, an assistant professor of indigenous studies at Cape Breton University, said the connection between mental health and climate change in Canada's North is growing stronger.

"In Canada, we have this active fishing culture, active farming culture, and large Arctic indigenous groups who are on the front lines of climate change," she said, adding she was moved to tears from hearing their stories. "It's so hard to articulate how close they are to it and part of it — their breathing, their skin, their bones, their blood. So even subtle impacts on the environment can have major impacts on how they feel."

TORSTAR NEWS SERVICE

IN BRIEF

Canadians welcome 25,000th Syrian refugee

The 25,000th Syrian refugee landed in Canada Saturday night marking the end of the first phase of the Liberals' resettlement program. They were part of a plane load of refugees who touched down in Montreal. Of the 25,000 who have arrived, half will have their costs covered by the government in their first year. THE CANADIAN PRESS

RCMP spent $900K to nab B.C. terrorism suspects

The RCMP spent over $900,000 in overtime pay during a five-month undercover operation that led to the arrests of two terrorism suspects in B.C. Documents obtained by The Canadian Press through a freedom-of-information request show the Mounties paid at least 200 people,$911,090.54 for overtime work during Project Souvenir. The operation led to the arrests of John Nuttall and Amanda Korody on July 1, 2013, who were found guilty of plotting to blow up the B.C. legislature THE CANADIAN PRESS

LAW

Federal Liberals to review decades-old convictions against gay men

The federal government says it plans to review cases where gay men were convicted of charges of "gross indecency" and "buggery" before the late 1960s, when Canada decriminalized homosexual acts between consenting adults.

Details about the review are expected to be released in the coming days.

A spokesman for Prime Minister Justin Trudeau said Sunday the review will determine if a pardon is warranted for any of the men who were convicted.

One of those men convicted under the old law was Everett Klippert, who was twice convicted under Canada's anti-homosexuality laws for consenting sexual acts in the 1960s.

Trudeau spokesman Cameron Ahmad said in a statement that Trudeau intends to recommend a pardon be granted posthumously to Klippert under the "royal prerogative of mercy," which is the ancient right of the British monarch to grant a pardon or clemency. In Canada, the pardon is granted by either the Governor General or by cabinet.

Trudeau spokesman Cameron Ahmad said in a statement that Trudeau intends to recommend a pardon be granted posthumously to Klippert.

Klippert spent four years in prison after his first conviction in Calgary in 1960, and then three more years after a conviction in Hay River, N.W.T. in 1965.

Canada's laws against homosexuality were changed in the '60s when Trudeau's father was in government.

THE CANADIAN PRESS

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CARDEL HOMES

A polar bear mother and her two cubs walk along the shore of Hudson Bay near Churchill, Man. in 2007.

JONATHAN HAYWARD/THE CANADIAN PRESS

MILITARY

Ottawa's drone shopping sparks debate

The Trudeau government is quietly shopping for drones for the military and expects to see expressions of interest from the defence industry by mid-April.

But the exercise is setting the stage for a potentially bruising policy debate over whether the remotely controlled aircraft should be armed and under what circumstances they would employ deadly force.

The Royal Canadian Air Force has lobbied hard over the last few years for the capability to fire weapons from whatever drone is selected and has even written the assumption into mandatory requirements, according to a access to information records.

Under the heading "Lethality," the high-level requirements review — dated June 5, 2013 — states that whatever system is chosen, the RCAF expects the remotely piloted aircraft to be capable of "carrying and employing precision-guided munitions."

The Pentagon and CIA run drone programs which have been subject to increasing scrutiny and criticism, particularly in light of the dramatic rise in strikes over the last eight years and claims of civilian casualties.

A spokesman for National Defence, Evan Koronewski, acknowledged the air force wants a strike capability, but the drones Canada intends to buy will "be used primarily for surveillance and reconnaissance" of the coastlines and the Arctic.

But Errol Mendes, a University of Ottawa professor and expert in international law, says there will have to be more than careful thought and discussion.

He says the Trudeau government should start now to develop a framework of transparency and accountability for the use of those weapons system, if only to avoid the kind of public debate and condemnation that's happened in the U.S.

THE CANADIAN PRESS

Polar bear encounters on the rise

WILDLIFE

Experts say climate change to blame for troubling trend

Manitoba government documents suggest polar bear encounters with people have reached record levels on the shores of Hudson Bay with more of the mammals ending up in a specialized jail in Churchill.

351
Number of polar bears caught in Churchill in 2015.

Polar bear activity reports from the past three years show the number of documented cases in Churchill has jumped from 229 in 2013 to 351 last year.

The number of bears who were tranquilized and housed in the town's holding facility, known as the polar bear jail, before being released into the wild almost doubled, from 36 in 2013 to 65 last year.

Daryll Hedman, regional wildlife manager for Manitoba Conservation, said last year set a record for the number of polar bears caught within the populated "control zone" of Churchill.

While conservation officers have stepped up patrols, Hedman and other experts say climate change is largely to blame.

Canada is home to two-thirds of the world's polar bears, but experts say climate change could make the Hudson Bay population extinct within a few decades.

Polar bears depend on winter hunting to build up enough fat to carry them through the lean summer months on land when food is scarce. But Arctic waters now don't often freeze up until early December and thaw much earlier in the spring.

That leaves bears with less time to bulk up on fatty seal meat while on the ice. As the bears spend more time on land with less fat, they grow hungry and can venture into town in search of food. Where the first encounters with polar bears used to be late August, Hedman said polar bears are now coming into contact with people as early as July 1.

THE CANADIAN PRESS

AIRLINES

Canada needs to establish seat standards: Advocate

An airline passenger advocate says Canada should look at establishing seat-size standards for airlines.

Gabor Lukacs says an attempt by American Sen. Charles Schumer to require the U.S. government to establish seat standards is something that should be done in Canada. Lukacs said such standards are needed on Canadian flights, as cramming too many people poses safety risks. "It's a huge safety issue," said Lukacs. "If you cram too many passengers in too small of a space, then some people will end up not being able to evacuate the plane in the same amount of time (during an emergency)."

He said overcrowding infringes on passenger comfort, especially on lengthy flights. THE CANADIAN PRESS

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Clinton pulling ahead

U.S. PRESIDENTIAL RACE

Hillary has edge on eve of Super Tuesday

Hillary Clinton resoundingly reclaimed her standing as the front-runner for the Democratic presidential nomination with a lopsided victory over Bernie Sanders in South Carolina, giving her momentum heading into the Super Tuesday contests in multiple states.

For Sanders, the roughly 50-point defeat crystallized his weakness with black voters, a crucial segment of the Democratic electorate. If he loses blacks by similar margins in the Southern states that vote Tuesday, Clinton would likely take a delegate lead too difficult for the Vermont senator to overcome.

Taken together, 865 Democratic delegates to the party's national nominating convention are up for grabs in the Super Tuesday contests in 11 states and American Samoa. Sanders aims to stay close to Clinton in the South while focusing most of his attention on states in the Midwest and Northeast, including his home state of Vermont.

As Clinton relished the most sweeping victory of her political career, her focus was already on Super Tuesday — and the general election.

"Despite what you hear, we don't need to make America great again," Clinton said at a rally Saturday night, alluding to Republican front-runner Donald Trump and his campaign slogan. "America has never stopped being great," Clinton declared.

> **America has never stopped being great.**
> Hillary Clinton

Sanders acknowledged getting "decimated" in South Carolina, but said Sunday on NBC's "Meet the Press" that his campaign is "looking to the future, not looking back" as the contests move outside the South.

For Clinton, South Carolina was a moment to wipe away bitter memories of her loss to Barack Obama there eight years ago.

Hillary Clinton takes the lead in South Carolina. THE ASSOCIATED PRESS

She won the support of nearly nine in 10 black voters, crucial Democratic backers who had abandoned her for Obama in 2008.

Clinton has a substantial lead among superdelegates, the Democratic Party leaders who can vote for the candidate of their choice at this summer's national convention, regardless of how their states vote. It takes 2,383 delegates to win the nomination.

THE ASSOCIATED PRESS

IN BRIEF

Gas explosions at mine kill 36 people in Russia

A methane gas leak at a coal mine in Russia's far north triggered three explosions that ignited fires and partially collapsed the mine, killing 36 people, officials said Sunday.

The dead included five rescue workers and a mine worker who were killed early Sunday when the third explosion rocked the Severnaya mine in Vorkuta, a town north of the Arctic Circle in the Komi region, the emergency services said.

THE ASSOCIATED PRESS

Algerian jailed for possible link to Paris terror attacks

An Algerian citizen has been jailed for possible links to the suspected ringleader of the Paris attacks, Abdelhamid Abaaoud.

A court in Algeria's Bejaia province said the man, who lives in Belgium, was jailed Tuesday in the northern Algerian town Akbou.

THE ASSOCIATED PRESS

CALIFORNIA

KKK rally turns violent as protesters, members clash

A stabbing victim receives first aid from an Anaheim Police Officer, at Pearson Park in Anaheim on Saturday.
OC WEEKLY VIA THE ASSOCIATED PRESS

Dozens of protesters who heard about a planned Ku Klux Klan rally were waiting by a Southern California park when six Klansmen pulled up in a black SUV and took out signs reading "White Lives Matter." The KKK members were dressed in black shirts decorated with the Klan cross and Confederate flag patches.

The protesters immediately moved in, surrounding the Klansmen. Someone smashed the SUV's window, and then mayhem ensued.

Witness video captured the brawl just after noon Saturday in an Anaheim park about five kilometres from Disneyland. Several protesters could be seen kicking a KKK member. One Klansman with an American flag used the pole's tip to stab a man.

"I got stabbed," the man screamed, lifting his T-shirt to show a wound to his stomach. A fire hydrant where the man briefly sat was covered in blood.

By the time order was restored, three people had been stabbed — one critically. Five Klansmen were booked for investigation of assault with a deadly weapon, and seven of the approximately 30 counter-protesters were arrested on suspicion of assault with force likely to cause great bodily injury.

"I thought they were going to stomp these Klansmen to death," said Brian Levin, who directs California State University, San Bernardino's Center for the Study of Hate and Extremism. Levin, who was monitoring the protest, said he tried to intervene when "all hell broke loose," using his body to get between counter-protesters and Klansmen until officers were able to reach the scene.

Levin said he saw no officers when the melee started. Sgt. Daron Wyatt says police were there and engaged with people at one end of the fight and called for additional resources.

Police Chief Raul Quezada said his officers were able to respond quickly enough to arrest all but one of the main participants, with the exception of one counter-protester who was still at large Sunday. Four of the arrestees were released after a review of video evidence, he said Sunday in a statement from the city.

THE ASSOCIATED PRESS

Are you a Crohn's disease patient in remission?

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Dr Maitreyi Raman, MD, MSc, FRCPC
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*Exclusion criteria: Any antibiotic, laxative or steroid use within 3 months, more than one bowel surgery, use of daily nutritional, micronutrient, vitamin supplement.

A baby rhino stands with its dehorned mother at the Hluhluwe-iMfolozi Game Reserve. DENIS FARRELL/THE ASSOCIATED PRESS

FOREIGN POLICY

Swiss won't banish for low-level crimes

Results show Swiss voters have rejected a proposal to expel, automatically, foreigners who commit even low-level crimes, handing a setback to a popular nationalist party that had put forward the measure.

The initiative was rejected Sunday by 59 per cent of voters, the government website showed. It was the most controversial of a number of national and local issues in the referendum, propelling voter turnout to top more than 62 per cent — which the state broadcaster said was the highest turnout since 1992.

The outcome comes as a blow to the Swiss People's Party, which had campaigned for the plan, and was a turnaround from opinion polls last year.

59%

Percentage that voted not to expel foreigners who commit even minor crimes.

The Swiss government had opposed the measure. Federal councillor Simonetta Sommaruga praised a push by advocacy groups to help rebuff the measure, telling RTS television that voters had sent the message: "Human rights are important in our country: They should not be restricted."

Under the proposal, Swiss law would have been changed to make expulsion part of the sentence for any foreigner, whether for severe crimes like murder or low-level crimes such as threatening officials or giving false testimony — if committed twice in a 10-year span.

A broad coalition of political parties and legal experts had rejected the plan, saying it would effectively create a two-tier justice system that treats Switzerland's two million or so foreigners — about a quarter of the population — more harshly. THE ASSOCIATED PRESS

Park leads rhino effort

CONSERVATION

Reserve in South Africa helps species regenerate

During the February rescue of a South African rhino calf whose mother was killed by poachers, six heavily perspiring men squeezed the sedated orphan into a helicopter whose seats and doors had been removed to make more space.

Days later, the jittery calf trotted around a holding pen at Hluhluwe-iMfolozi, a wildlife area whose tradition as a rhino refuge contrasts with an otherwise grim picture in which rhinos have been slaughtered in increasing numbers to meet demand for their horns in parts of Asia, especially Vietnam.

The disoriented calf could spend a couple of years under human care until it is resilient enough to return to the wild. It is the guest of conservationists whose predecessors, many decades ago, chased darted rhinos through thorny bush on horseback, or noosed them while speeding alongside the galloping beasts in open trucks.

The storied history at Hluhluwe-iMfolozi, the last redoubt of southern white rhinos a century ago and then a gene pool for distribution of surplus rhinos elsewhere in Africa and in Western zoos and parks, is a source of hope among groups struggling for a formula to curb poaching. In the late 19th century, there were estimated to be fewer than 100 of that type of rhino because of uncontrolled hunting.

"They were where we are now — in dire straits, with their backs against the wall," said Werner Myburgh, chief executive officer of the Peace Parks Foundation.

Today, there are about 20,000 southern white rhinos, most of them in South Africa. There are only three northern white rhinos left in the world, living at a Kenyan conservancy. The critically endangered black rhinos number about 5,000. Other kinds of threatened rhinos live in parts of Asia.

Hluhluwe-iMfolozi was among the first areas in Africa where wildlife was formally protected in the late 19th century, and had also been a former royal Zulu hunting ground with some restrictions on the killing of animals.

Still, the threat looms. Poachers killed 24 rhinos in KwaZulu-Natal province as of Feb. 25 this year, an increase of 16 per cent over the same period in 2015. THE ASSOCIATED PRESS

IN BRIEF

Pope's adviser admits church's huge 'mistakes'

One of Pope Francis' top advisers acknowledged Sunday that the Catholic Church "has made enormous mistakes" in allowing thousands of children to be raped and molested by priests over centuries as he testified at a public hearing of an Australian investigative commission near the Vatican. Australian Cardinal George Pell testified via videolink from a Rome hotel to the Royal Commission sitting in Sydney. In the front row were two dozen Australian abuse survivors and their companions. THE ASSOCIATED PRESS

Cineplex stepping into eSports field

VIDEO GAMING

Theatre chain invests $15M in fast-growing pastime

It's a classic sporting narrative: The plucky underdog takes on an established player while spectators squeal and grunt after a good shot or near miss.

But in this case, whenever the competitors get one-upped they respawn.

Welcome to eSports, where both underdog and veteran are teenage boys going toe-to-toe — or more accurately controller-to-controller — in Cineplex's first national video game tournament.

The game of choice is a one-on-one version of Call of Duty: Black Ops 3, a first-person shooter in which players aim down the barrel of their guns to find and kill enemy combatants.

The winner of the regional contest becomes Toronto's representative in the national championship on March 6, the winner of which will take home $20,000.

Cineplex has invested $15 million US in WorldGaming, through which it will run house leagues, rent out playing time at theatres and host local and national tournaments.

It plans to hold national championships on the scale of the inaugural Call of Duty tournament on a quarterly basis.

The movie theatre in downtown Toronto was only half full of challengers and spectators — a far cry from the arena-sized crowds eSports draws in Asia, with its multimillion-dollar prizes and viewership second only to the Super Bowl.

But the movie theatre event is progress for a country that is still considered a noob in the eSports world.

The Canadian theatre chain is one of a growing number of companies looking to stake an early claim into eSports, a pastime that could soon eclipse going to the movies among millennials. Some projections estimate the eSports market could grow to $2 billion US by 2018.

Deloitte's annual technology trend forecast said the potential business value of eSports "is clearly too significant to ignore." It estimated global eSports revenue this year will be $500 million (U.S.), up 25 per cent from 2014, with revenues growing faster than traditional sports, though still just a fraction of what they pull in.

ESports presents opportunities for corporate brands trying to reach a younger generation, said Rob Segal, CEO of WorldGaming. "It plays like sports, which a lot of these brands are used to, especially a lot of the teen brands."

Media companies are also eager to embrace the huge audiences for this new "sports" market.

Amazon paid nearly $1 billion US in 2014 to acquire video game streaming site Twitch, where gamers earn revenue through ads, donations and subscriptions.

Gamers have become some of the most popular internet celebrities. The highest-earning YouTube star is PewDiePie, who has amassed 44 million subscribers. He earned $12 million US in 2015 on the back of his gaming reviews, live-streams and comedy sketches.

TORSTAR NEWS SERVICE

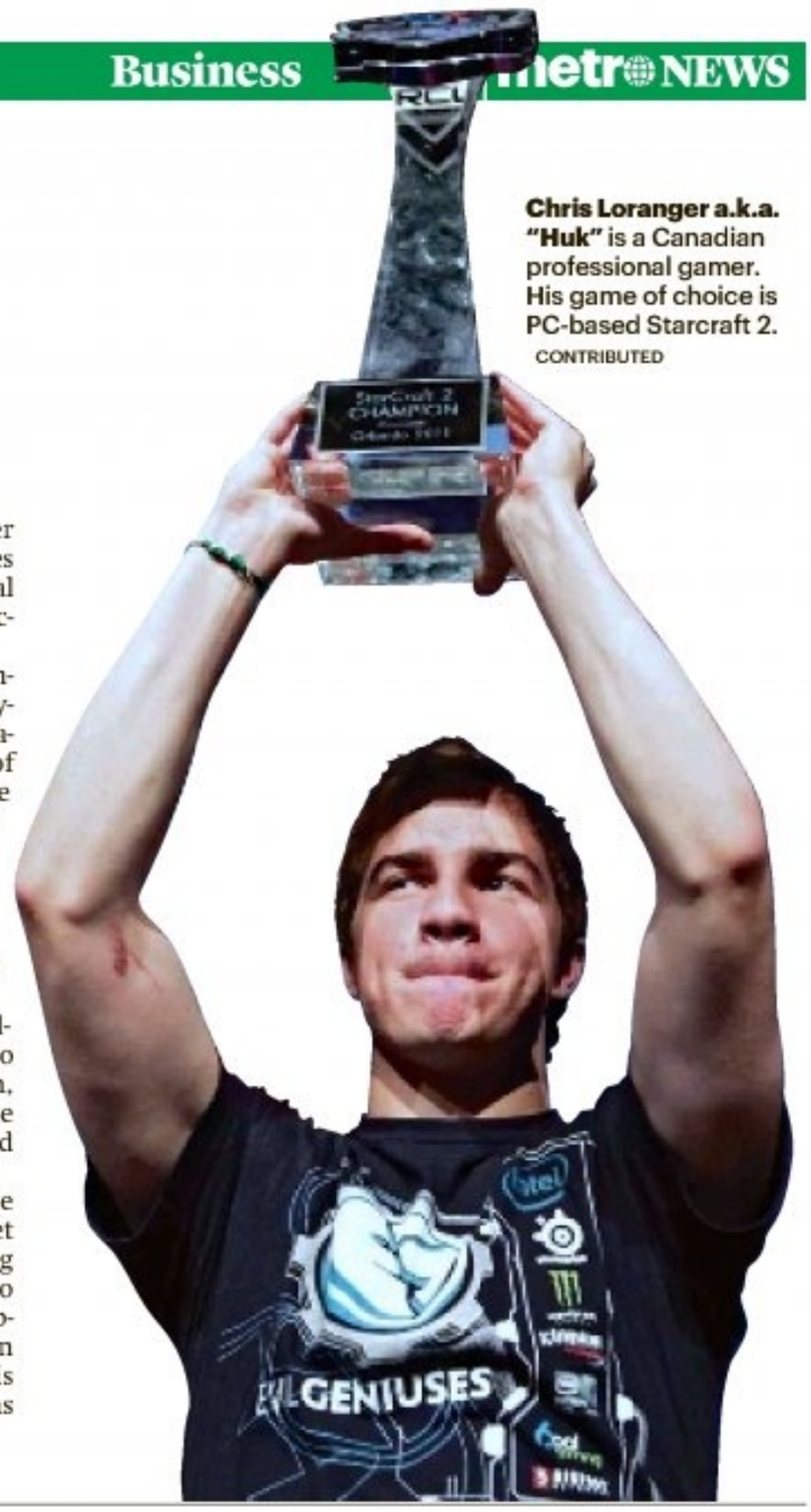
THE NUMBERS

$18.4 million US — biggest overall prize giveaway in eSports history was doled out at The International DOTA 2 2015 championships.

$6.6 million US — first place team take-home from DOTA 2 championship

5th — Canadian players' ranking in total money earned in tournaments

$500 million US — Global revenues expected to be generated by eSports in 2016, up 25 per cent from 2015



Chris Loranger a.k.a. "Huk" is a Canadian professional gamer. His game of choice is PC-based Starcraft 2.
CONTRIBUTED

DUTY-FREE EXEMPTION

Gap with U.S. more than 40 times wider

Americans are now allowed to spend more than 40 times as much as their northern neighbours without paying duty on products shipped from abroad, as a result of a new law.

Last week, U.S. President Barack Obama signed a bill vastly expanding the duty-free exemption for products imported by mail. The new $800 US limit quadruples the previous amount, which was already multiple times higher than Canada's $20 exemption.

There's pressure on the Canadian government in the runup to Prime Minister Justin Trudeau's trip to Washington to narrow that gap, with the pressure coming from pockets of the U.S. government and industry.

> "The gap is unsustainable in our integrated economy."
> Maryscott Greenwood

One business group has sought to enlist Canadians by circulating an online petition asking people to add their names if they want to stop paying what it calls an unfair duty.

"The gap is unsustainable in our integrated economy," said Maryscott Greenwood of the Canadian American Business Council, which started the petition. She and a U.S. federal source said American officials are raising the issue with their Canadian counterparts.

THE CANADIAN PRESS

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metro VIEWS
Your essential daily news
Monday, February 29, 2016

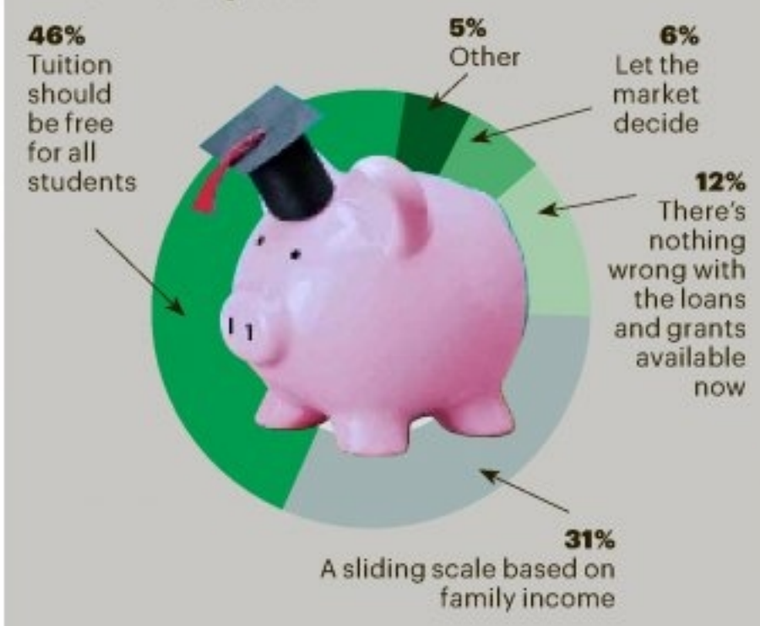
Metro POLL

Should tuition be free?

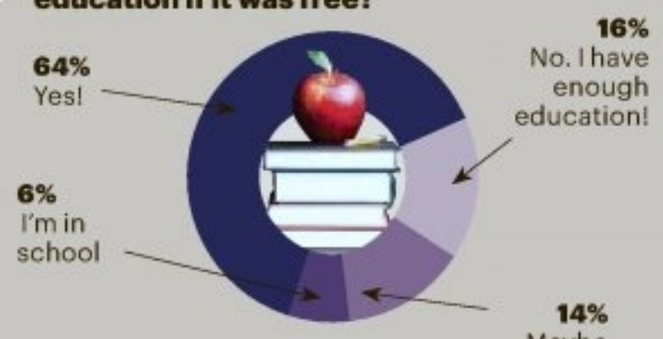
Visit metronews.ca **to have your say.**

Ontario announced last week that it will hand over significantly more grant and loan money to college and university — essentially making tuition free for families who make less than $50,000. We asked our readers from across the country if school should be free, or if there's a good reason for sky-high tuition fees.

1 How should we decide how much college and university cost?



2 Would you go back to post-secondary education if it was free?



3 If you think tuition should be free below a certain family income, what should the income be?

33% Less than $50K
22% Less than $100K
9% Less than $20K
8% Less than $250K
25% I don't agree with that
3% Other

I'd love it to be free, but we already can't pay for quality education in public K-12.

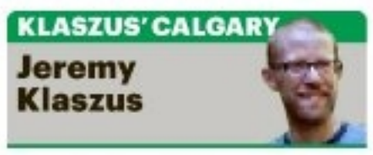
Everybody should have the right to an affordable education.

Tuition should be a sliding scale based on prior marks and income.

If the government thinks education is expensive, it should try ignorance.

WE ASKED Metro readers

Echo in here? Anti-BRT groups sound familiar



KLASZUS' CALGARY
Jeremy Klaszus

In the fracas over bus rapid transit (BRT) in southwest Calgary, history is repeating itself.

This time the group, called Ready to Engage, is raising concerns about the project's impact on traffic and green space, among other things.

Accounts of threats and harassment. A strident campaign by affluent residents. Emotionally charged forums with lineups out the door.

It's all happened before, in the same part of the city.

Back then, the group was named A Better Way to Go, and in the mid-'90s it fought the expansion of 14 Street SW, which would have expropriated homes in ritzy Eagle Ridge.

Residents successfully fought that plan, but it got ugly. Police were called to keep order at meetings. Community associations and volunteers that didn't side with the group were targeted, pressured and vilified.

"14th Street Proposal Is Tearing Area Apart," read one headline from the time.

So why are we seeing a repeat of this sorry scene two decades later?

For starters, some of the players are the same.

"Are there members of A Better Way to Go that are part of Ready to Engage? Absolutely," says group spokesperson Rick Donkers. "But I will tell you this is a far more wide-ranging group."

The planned BRT lanes come close to some of Calgary's most affluent homeowners. Eagle Ridge was listed as one of Canada's richest neighbourhoods by Canadian Business magazine in 2014, with an average household net worth of $6.6 million.

How much has Ready to Engage spent on its anti-BRT fight? "I wouldn't know," Donkers says. "I think it's been a few thousand dollars — personal donations."

"We wouldn't have got where we are without some people taking their civic responsibility and digging into their pockets."

From the outside, this fight looks like entitlement run amok. You don't see such pandemonium elsewhere in the city when a new transit line is rolled out.

Donkers counters that Ready to Engage represents concerned citizens from all 14 communities along the BRT route, not just the upper crust. "It's an easy slur to say, 'Oh, this is just a bunch of well-heeled Eagle Ridgians.'"

What Ready to Engage won't tell you, however, is that many locals support the BRT, and regard the group as an embarrassment.

"They're running around saying 'We speak for everybody,' and it is so not the case," says Chinook Park resident Erin Stanford.

Stanford says the group is using misinformation to fire up residents who are "a little more vulnerable" and haven't researched the plan.

While Stanford supports the BRT, she has concerns about the details. She planned to ask questions at upcoming forums, but the mayor cancelled them amid accounts of harassment and even physical assault at meetings.

The antics of a few pushy residents have left Stanford feeling frustrated, and who can blame her? "All they have done is make it harder for us to have input."

Jeremy Klaszus is a Calgary-based freelance journalist and stay-at-home dad.

ROSEMARY WESTWOOD
metroview

Presidential hopefuls could take some style tips from the Oscars

The Oscars came and went, and once again, it doesn't matter if you were busy tweezing your bikini line. Any personal grooming, really, is more satisfying than the Academy Awards.

The highlights were, as usual, already sliced and diced into an easily digestible breakfast this morning. In fact, the evening's growing irrelevance, heightened by its confounding whiteness and only slightly mitigated by host Chris Rock, is redeemed by just one thing: the fashion!

The Oscars have the exact opposite problem of the U.S. election — which is long on bombast, scandal, juice, jowls and most of all: consequence. What it does not have, not even a little bit, is style.

Bernie Sanders has a Michael Moorian compulsion to look unkempt. Hillary Clinton knows no shape but rectangle. Tangerine-tinged Donald Trump daringly wore a purple tie once, and he looked like a TV used-car salesman. Marco Rubio paired so-called "Cuban heels" (akin to cowboy boots) with his "dad's hand-me-downs" esthetic and the media had a field day. Ted Cruz, who's been accused of mistaking a Snuggie for a trench coat, doesn't appear to know that, whatever his political aspirations, he's too small to shop at Destination XL.

This election has been galling, frustrating, vicious, compelling. Its drama can only be perfected in the wardrobe department, by any one of last night's standout hits or a memorable look from past. Picture Sanders in Angelina Jolie's leg-baring 2012 Atelier Versace number, which he wouldn't shrink from: He's got no establishment ties to hide.

Clinton could prove her humanity to those doubting it by finally showing some skin, à la Lupita Nyong'o and her 2014 pale blue Prada gown.

Trump, whose political moral compass points in Hugh Hefner's general direction, could take the playboy look and steal David Oyelowo's burgundy Dolce and Gabbana tux (preferably in velvet).

Some analysts put Rubio and Cruz neck-and-neck for disfavour among the much-courted Hispanic vote. Perhaps Rubio could gain traction with J.Lo fans, at least, by mimicking her barely-there 2015 Elie Saab Couture look (it matches his barely-there support for immigrants rights).

And Cruz, the ultimate right-wing snake, might feel quite at home in Marion Cotillard's 2008 Jean Paul Gaultier scale-covered dress. It's white, an effective colour to don for battling Trump to be the evangelical's political savior.

One might argue these vying commanders-in-chief are already the hardest working actors around, so why not class it up — if only sartorially.

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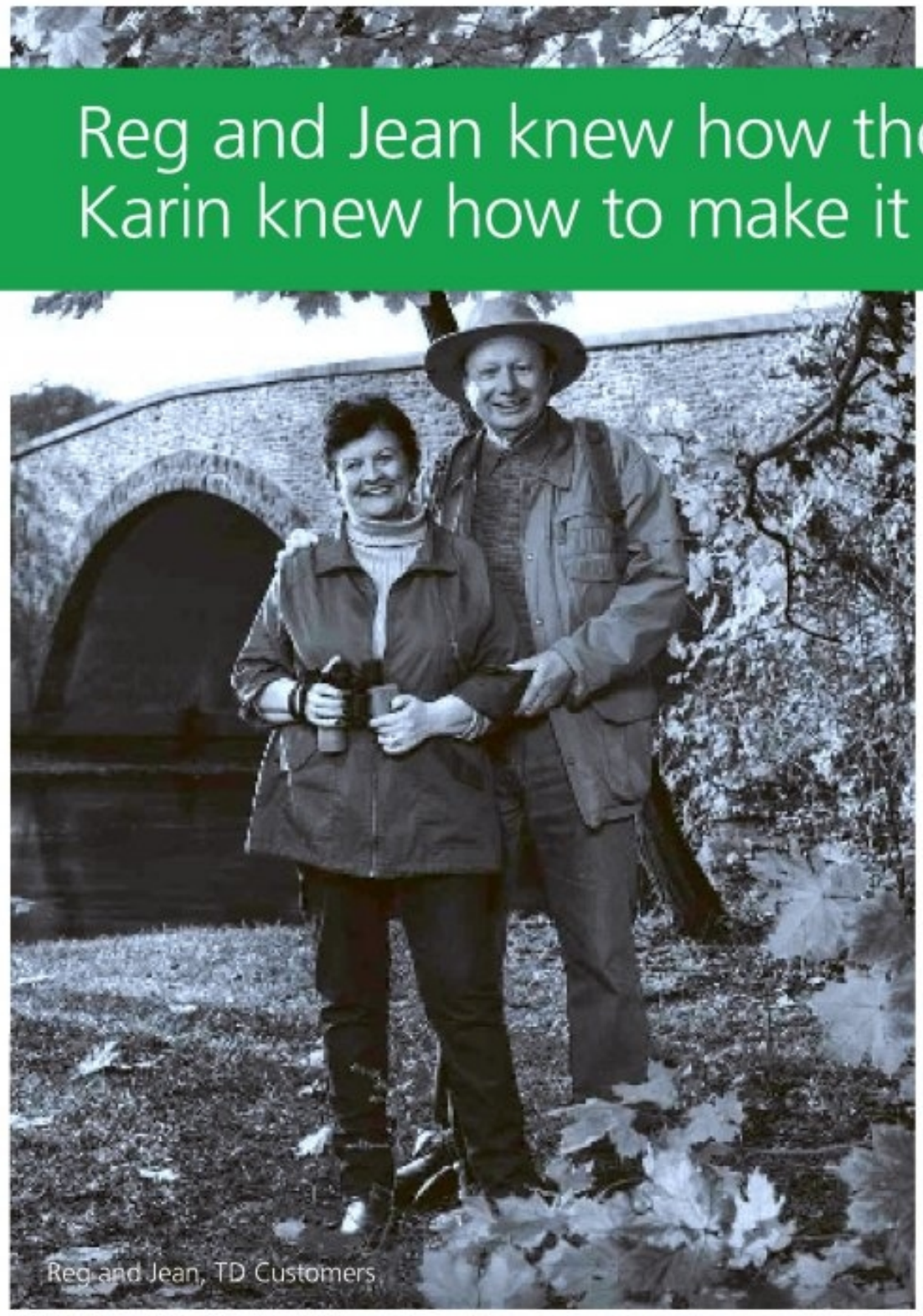

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Six ways to deal with debt

NEST EGG

Manage your money so you can start saving again

Michelle Williams

Debt management involves examining your spending habits and making necessary changes. ISTOCK

If you're like many Canadians, your current financial strategy is less about funding your future retirement and more about dealing with debt. Even if you're earning a good living, fiscal challenges like interminable student loans, mounting credit-card bills and massive mortgage payments can take a huge chunk of your earnings. But there are ways to manage your money that help you pay down debt while putting you on the path to saving:

1. Define your long-term goals

"Basically, it's starting at the ending point," says Kurt Rosentreter, a senior financial advisor at Manulife Securities and chartered accountant in Toronto. "Likely, your goals include paying off your debt, accumulating enough wealth to retire on and perhaps helping your kids toward financial independence. By defining those goals, you have a focus, something you should never lose track of."

Rosentreter suggests going back every few years to track how you're doing at meeting your long-term goals.

2. Examine your spending

"Go back a year and look at your bank and credit-card statements to determine where your money is going," Rosentreter says. "On a spreadsheet, group your expenses into categories."

He recommends four groupings: essential costs (such as food, shelter, utilities), variable costs (things you need but could spend less on or put off to later), discretionary costs (restaurant meals, vacations, entertainment) and luxury costs (indulgent items, such as expensive clothing, high-priced cars, etc.).

3. Change the way you spend

Tracking how you spend can be enlightening and helpful in starting you on the road to changing your money habits.

"The biggest impediment to paying debt is your spending behaviour. Many of the expenses in the first two groups are difficult to eliminate, but you can certainly change the way you spend in groups three and four, the discretionary areas."

4. Don't ignore the small stuff

It's not just the big-ticket items that contribute to debt load. When scanning your credit-card statements, it may be surprising how many of the credit charges are incidental.

"Fewer movies, fewer lattes, fewer lunches out. Skipping all these little treats will add up big over time."

5. Pay off the high-interest debt first

"Credit-card interest is usually high. Your first priority should be to pay down the debt that has the highest rate of interest."

You may wish to move some or all of your credit-card debt to a line of credit or some other lower-interest vehicle to save on interest while you're working down your debt.

6. If necessary, make big changes

If you still can't chip away at your debt, maybe you need bigger changes to your lifestyle. Examine things like your home (is it too much house for you to carry?), the food you buy (can you shop at a less expensive store?) or the way you get around (do you really need a car?) Following this plan will help you save, but how much — and over how long?

"It's difficult to put an amount or time frame around debt repayment, but you should have a debt-free date as part of your goal planning. It will be much more difficult for a lower-income earner to save large amounts of money over smaller periods of time than someone who has more disposable income," says Rosentreter.

Set reasonable timelines and realistic amounts so you can maximize your chances of success. Look online for a debt repayment calculator tool or seek the advice of a financial expert to help you set reasonable goals you can manage.

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Washington state authorities investigating after Salma Hayek's dog found dead

Chris Rock takes aim at Academy

THE OSCARS

Host makes fun of casting clichés and racism in Hollywood

Ned Ehrbar
Metro | Hollywood

All eyes were on Hollywood Sunday night for the 88th annual Academy Awards, where there were very few sure things.

Most of the assembled Hollywood elite were on the edges of their seats about how host Chris Rock would address the elephant in the room — the lack of racial diversity in the nominees and the resulting #OscarsSoWhite controversy.

And he didn't leave them wondering for long, calling the Oscars, "the White People's Choice Awards" before moving on to mock those calling for a boycott.

"Jada boycotting the Oscars is like me boycotting Rihanna's panties. I wasn't invited," he said.

He also risked crossing a line or two with some eyebrow-raising lines:

"We were too busy being raped and lynched to care about who won best cinematographer" he said of African-Americans during the 1960s.

"This year, in the In Memoriam package, it's just going to be black people that were shot by the cops on the way to the movies."

After more than nine minutes on the subject, Rock insisted, "everything's not about race," and then tossed in one joke about women getting more style questions about their attire than men. But with each subsequent appearance on stage, it became clear Rock was not going to let the issue go.

Rock did win back some goodwill later, though, by bringing out a fleet of Girl Scouts to sell cookies to the assembled celebrities and moguls, one-upping Ellen DeGeneres' pizza delivery bit from when she last hosted.

As for the awards themselves, it was an evening of some surprises and upsets. Bridge of Spies co-star Mark Rylance snatched best supporting actor from the favored nominee, Creed star Sylvester Stallone.

Best supporting actress — another one of the harder-to-predict races of the night — went to Alicia Vikander for her work in The Danish Girl, her first nomination and win, before Mad Max: Fury Road started an apparent sweep, taking home best editing, best costume design, best sound editing, best sound mixing, best production design and best makeup and hairstyling.

Mad Max: Fury Road didn't win in every category, though, with Emmanuel Lubezki winning best cinematography award for The Revenant, making him the first cinematographer in history to win the award three years in a row. He previously won for Birdman and Gravity. And best visual effects went to the team from the indie sci-fi drama Ex Machina.

In the writing categories, Tom McCarthy's Spotlight won for best original screenplay, while best adapted screenplay went to another best picture contender, The Big Short.

Director and co-writer Adam McKay used his speech to address U.S. politics: "If you don't want big money to control government, don't vote for candidates that take money from big companies or weird billionaires," he said.

Pakistani-Canadian filmmaker Sharmeen Obaid-Chinoy for best short documentary A Girl in the River: The Price of Forgiveness — her second career Oscar.

MORE ONLINE
visit metronews.ca for full list of winners

Jada boycotting the Oscars is like me boycotting Rihanna's panties. I wasn't invited.
Chris Rock pokes fun at Jada Pinkett Smith boycotting the Academy Awards

Chris Rock wasn't afraid to tackle the #OscarsSoWhite controversy at the Academy Awards Sunday night. GETTY IMAGES

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Will Annick and Yolanda's financial goals be met? **Metro's finance guru Lesley-Anne Scorgie** has only a few weeks left to left to tackle the women's largest financial burdens and teach them to allocate resources.

Moving home to save a down payment

LESLEY-ANNE SCORGIE
metro*money*

THE CHALLENGE: Two ambitious young women have taken on the task of working with financial guru Lesley-Anne Scorgie to makeover their finances in just 12 weeks. Yolanda, 27, in Mississauga, and Annick, 24, from Calgary, are making strides towards eliminating their debts and building savings for down payments and emergencies. Follow their progress #MetroMoneyMakeover @LesleyScorgie.

THIS WEEK: Who wants to move back home after launching from the nest? No one — unless you're Yolanda and saving for a down payment for a home in the GTA.

NEXT WEEK: The road to debt freedom is littered with surprises. Annick's 60/60/60 debt reduction plan ensures she'll reach her debt elimination goal quickly, but doesn't leave room in her budget for "what-if" expenses. We'll explore ways Annick can build emergency funds on her uber-tight budget.

LESLEY-ANNE SCORGIE IS A BESTSELLING AUTHOR AND FOUNDER OF MEVEST, A MONEY COACHING SERVICE FOR CANADIANS. FOLLOW HER @LESLEYSCORGIE

Yolanda is willing to move back in with her mother to increase her savings so she can buy a home of her own. LIZ BEDDALL/METRO

BY THE NUMBERS

Yolanda's Net Worth

The Progress: By bringing Yolanda's financial goals into the forefront she's started taking her money seriously. Since we first sat down in December, Yolanda has improved her net worth by $1,500 through contributing to her RRSP, TFSA and pension and eliminating an annoying $300 MasterCard balance.

Assets	
TFSA	$500
RRSP	$900
Savings	$100
Pension	$4,300
Total Assets	**$5,800**
Liabilities	
VISA	$0
Master card	$0
Total Liabilities	**$0**
Net Worth	**$5,800**

THE SITUATION

Yolanda wants nothing more than to buy a condo and live wild and free in walls that she owns. No more landlords, noise notices (because of her puppy, of course), rent increases and lease agreements. But to get to home ownership, she needs to amp up her savings to $835 per month and curb her periodic impulse purchases. At this pace, she'll have $30,000 within three years ($25,000 for the down payment and $5,000 for closing costs).

Yolanda recently discovered the power of budgeting — lining up her income against her expenses.

Unlike so many of us who run in the red, when we broke down the numbers, Yolanda actually had a surplus of $515 each month, with which she can save. But to make up the difference between what she needs to save ($835 per month), she's made the decision to pack up her tiny basement apartment and move back in with her mom this June. This action will save her $350 each month (reduced rent, no utility or grocery bills).

THE LESSON

Generally, if you want something badly, whether home ownership or money to pay for your wedding, you'll need to make sacrifices. Everything in our budget is a trade-off. So, if Yolanda spends more than she needs to on rent, she'll forgo money that could be used towards her down payment.

Certainly there will be drawbacks for Yolanda as she moves home — sharing a bathroom, lack of privacy, a longer commute (two versus one bus) and feeling the pressure of her mother's watchful eyes. But, these challenges can be managed through basic boundary setting and time management. For example, while commuting, Yolanda could use that time to update her budget, read up on current affairs and plan her next career move.

The benefits of her decision are unequivocal — hundreds of dollars saved every month, home cooking and extra care for her pooch, which will relieve Yolanda of the puppy-guilt she drags to work daily. For Yolanda, the pros of moving home far outweigh the cons.

HARD AT WORK

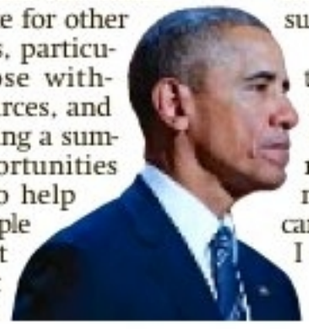
Obama delivers the scoop on his first job

President Barack Obama says his unglamorous first job scooping ice cream taught him valuable lessons about responsibility and hard work.

He wants the same experience for other teenagers, particularly those without resources, and is launching a summer opportunities project to help young people land a first job that can teach them similar lessons and help send them down the right path.

The private sector, all levels of government, community groups and schools have pledged to help teenagers get their first jobs this summer.

"Scooping ice cream is tougher than it looks," Obama said Thursday in an essay on the LinkedIn professional networking site. "Rows and rows of rock-hard ice cream can be brutal on the wrists. ... I was less interested in what the job meant for my future and more concerned about what it meant for my jump shot. The job at a Baskin-Robbins in Honolulu "wasn't exactly glamorous, but it taught me some valuable lessons," Obama wrote. "Responsibility. Hard work. Balancing a job with friends, family and school." THE ASSOCIATED PRESS



Barack Obama. GETTY IMAGES

Splurging at the mall provides much less satisfaction than saving to reach a specific goal. ISTOCK

If shopping defines your life, maybe it's time to quit stores

MAKING CHOICES

Turn mindless buying into meaningful achievement

Gail Vaz-Oxlade
For Metro Canada

Clothes and jewelry are wonderful treats, but they won't put a roof over your head or food in your stomach. And they aren't worth much to anyone else after you've owned them.

Money in the bank means you have options. If you lose your job or get sick or have to help a family member, having money means you have choices. The clothes and jewelry won't be so shiny if you're trying to find a way to pay the rent.

While loads of people like to haul out the word "addict" to justify their rabid shopping behaviour, most people aren't "addicted" to shopping. Shopping addicts are a very small percentage. Only about just six per cent of the population suffer from compulsive-buying disorder. The rest of the claims come from people who like to shop. It makes them feel good. It makes their brains produce chemicals that make them happy. And they may have impulse control problems. But it isn't an addiction.

If you're an over-shopper, job one is to stay out of the stores. Turn off the house or style porn on your television set. Shopping doesn't solve any problems. As soon as you get that fab handbag, those snazzy new shoes, that fantastic new dining room table, it feels less important — even worthless — because you want something newer and snazzier. Having a meaningful life, a happy life that contributes, is the answer.

Find something that's really important to you: Set a goal. The idea is to transfer your shopping energy and the money you would have spent from something that offers no long-term value to something that you truly want to achieve.

Make sure that goal you're trying to achieve is realistic. If you're hankering over what looks like the picture-perfect lives of the stars you admired, how are you going to do that on your income? If you always seem to want what someone else has, that may not only be putting a huge strain on your relationships, but killing your wallet as well.

If you think that your dreams were more important than everyone else's reality give your head a shake. Using your parents, mates, or friends to get what you want is going to leave them with a horrible taste in their mouths. Just because you can successfully talk the people who love you into taking care of you doesn't mean you should.

Have some self-respect. In the end if you can't take care of yourself, what's the point?

For the hard-core shopping addict, intervention is often necessary. Just as with alcohol or drug addition, a professional needs to help redirect addictive behaviour. For the rest, family and friends — the peer group — need to tell their shopping-crazed friend that their behaviour isn't good for them or their friendship.

For more money advice, visit Gail's website at gailvazoxlade.com

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- If you're shopping to keep your friends, find new friends.
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JOHANNA SCHNELLER **WHAT I'M WATCHING**

Tender moments reveal star's maturity

Lena Dunham's character is finally growing up. CONTRIBUTED

THE SHOW: Girls, Season 5, Episode 2 (HBO)
THE MOMENT: The Hug

Hannah (Lena Dunham) knocks on an apartment door. A meek looking man, Keith, answers. Hannah doesn't want to look at him — her father Tad (Peter Scolari) met him online, flew to New York to hook up with him, and left his wallet behind. Hannah just wants to retrieve it and run.

But when Keith tells her he friended Tad on Facebook, and she spies his tiny, bug-eyed dog, she softens.

"You seem like a nice man," she says. "And your dog looks like a toy. You should consider putting her in catalogues."

To Keith's surprise, she hugs him goodbye.

With that hug, Hannah enters adulthood. The previous scene, where Tad describes his hookup to her, is a quiet comic masterpiece of awkwardness (check out Dunham's face as Scolari says, "He didn't look anything like his internet photo.")

The hug, however, squares Hannah's shoulders. By the next scene, when Tad admits, shakily, "I don't know what to do," Hannah finally does. Misery fills her face, but she says the right thing: "That's okay. I'm here."

Watching Hannah, Marnie (Allison Williams), Jessa (Jemima Kirke) and Shoshanna (Zosia Mamet) flail into maturity has been one of television's great bildungsromans. They've been provocative, impulsive, unkind, unmoored. But Dunham turns 30 this year, and she and HBO decided next season will be Girls' last. So there are signs the four are finding themselves. (Episode 3, featuring Shoshanna in Japan, is a stunner.)

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

Jessica Lucas plays Tabitha Galavan in Batman prequel Gotham. HANDOUT

Vancouver native Gotham's bad girl

GOTHAM

Villainess talks love of the franchise and biggest fear

Holy hiatus, Batman! Three months after the last new episode aired, Gotham returns for the second half of the show's second season on Monday, on CTV and Fox. It's all part of the new network strategy of keeping viewers keen by splitting 22-episode orders into two uninterrupted runs.

To lure back the Bat-faithful, the series has embraced the dark side of the original DC Comics tales, with police detectives James Gordon (Ben McKenzie) and Harvey Bullock (Ottawa-native Donal Logue) trying to protect wealthy orphan Bruce Wayne (David Mazouz) from an ever-growing list of hoodlums-in-training. They include characters who will someday be known as the Penguin (Robin Lord Taylor), Catwoman (Camren Bicondova) and Mr. Freeze (Nathan Darrow).

One big-name cast addition this season has been Emmy-winner Michael Chiklis as police Capt. Nathaniel Barnes. In addition, the second-half of the season will see the return of Jada Pinkett Smith as Fish Mooney, a ruthless antagonist who seemingly fell to her death last season.

Add another Canadian to the mix: Vancouver-native Jessica Lucas as Tabitha Galavan, a sniper who's part of a family vendetta against Gotham City's ruling elite. The character is said to have Olympic-level athletic skills, especially as a hunter, tracker and marksman.

Lucas says she came by these naturally thanks to her sports-minded mom and dad. Growing up in Vancouver, they had her involved in soccer, track and softball.

"I was always on a baseball diamond or watching my dad play rugby," she says.

The 30-year-old began acting at an early age. At 13, she got an agent and — on her third audition — landed a part on the YTV series 2030 CE.

Her next series was Edgemont, a Vancouver teen drama where more future Canadian stars emerged, including Kristin Kreuk (Smallville, Beauty and the Beast) and Grace Park (Hawaii Five-0).

Another Canadian, Missy Peregrym (Rookie Blue) joined her on the short-lived U.S. series Life as We Know It, which also featured Kelly Osbourne and Sean Faris.

Roles in 90210, the reboot of Melrose Place and Gracepoint followed. Why, does she think, so many young Canadians land jobs on American TV shows?

She feels Canadians bring "a sense of reality and a groundedness that comes through in our performances."

That would seem to be an asset on Gotham, where reality and danger seem more present than in most comic book fantasy shows.

"It's a world so huge and larger than life and fantastical," says Lucas. She says she "grew up on Batman and I've always been a huge fan, so it's a dream come true."

Lucas says when she was a child, her daycare used to play reruns from the original TV Batman series from the '60s.

"I remember Batman from the 'Pow,'" she says.

She later enjoyed the Tim Burton movies and runs down the names of the actors who played Batman on screen. "I remember all of them."

She was into the villains, too, especially Michelle Pfeiffer's turn as Catwoman in 1992's Batman Returns.

"She's just the ultimate combination of sexy and badass."

If Lucas could have one super power, it would be flying — something that scares her in real life. That would seem to be kryptonite for a jet-setting actress, but not for Lucas.

"It's like any other fear in life," she says. "You have to do it and conquer your fear. I just pretend that I'm not afraid and do it anyway." THE CANADIAN PRESS

> **I loved the sense of responsibility, I loved getting to act, I had a job, I was making money — I fell in love with it and I didn't look back.**
> Jessica Lucas, actor

metro SPORTS

Despite fracturing her left knee the day before, Lindsey Vonn competed Sunday and placed 13th in a World Cup Alpine combined event

Rangers trade for Staal

NHL

Hurricanes deal captain for package including picks

Eric Staal gets to play with another brother, and the New York Rangers are loading up for the playoffs.

The Rangers acquired the Carolina Hurricanes' captain and face of the franchise on Sunday.

In exchange for Staal, the Rangers sent centre Aleksi Saarela, who is currently playing in his native Finland, to Carolina along with New York's second-round selections in each of the next two drafts.

Rangers general manager Jeff Gorton said the Hurricanes retained a portion of Staal's $8.25-million cap hit, and have enough financial flexibility to add another "small-salary player if we wanted to."

The Rangers trail first-place Washington by 16 points in the Metropolitan Division standings.

"We felt like he was one of the best, if not the best, player available on the market to give us what we're looking for in our top nine," Gorton said. "And that's why we made the move."

The deal — finalized prior to the Hurricanes' 5-2 loss to the St. Louis Blues and a day before the NHL trade deadline — wasn't a total surprise from Carolina's perspective.

The 31-year-old Staal had spent his entire 12-year career with the Hurricanes, who drafted him with the second overall pick in 2003.

He is eligible to become an unrestricted free agent this summer, once the final year of his seven-year, $55.75-million contract expires.

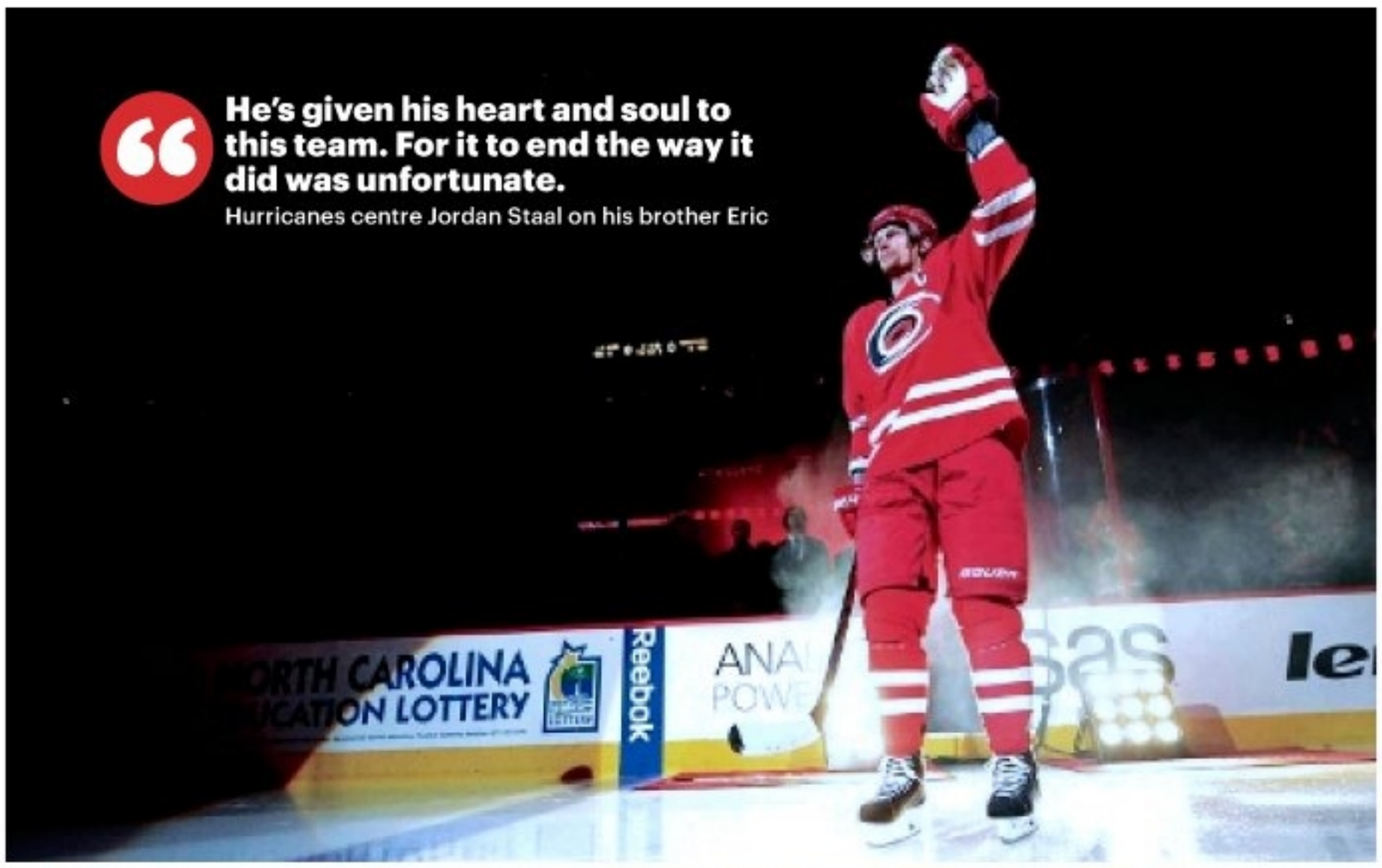
After a rocky start, Carolina mounted a late push for its first playoff berth since 2009, but has lost five of its last seven games. The Hurricanes are four points behind Pittsburgh for the final wild-card spot with the Penguins having four games in hand.

"This group has played some really good hockey from December to this point, and they're working hard, and you never want to have to do this," Francis said. "But when you look at the big picture, and we couldn't get comfortable on a contract term, then you can't lose an asset like that for nothing. It's too important to your franchise moving forward."

The trade leaves goalie Cam Ward — who earned the Conn Smythe Trophy in 2006 as the franchise won its only Stanley Cup — as the only Hurricane left from any of the club's playoff teams.

Staal leaves one younger brother, Jordan Staal, and will be united with another brother, Marc, who plays defence for the Rangers. A fourth Staal brother, Jared, is playing with South Carolina of the ECHL and had been in the Hurricanes' organization.

THE ASSOCIATED PRESS



Eric Staal is the Hurricanes' career leader in numerous categories, including goals (332) and points (775). GETTY IMAGES FILE

5

Staal has scored 30-plus goals five times in his career. He has 10 goals and 23 assists this season.

MOGULS

Kingsbury captures 32nd title

Mikael Kingsbury captured his 32nd FIS World Cup title Sunday, winning the dual moguls event on a three-medal day for Canada in Tazawako, Japan.

The 23-year-old freestyle skier from Deux-Montagnes, Que., defeated American Thomas Rowley 20-15, while Benjamin Caven of France won the bronze.

The victory capped an impressive weekend for Kingsbury, who was second in Saturday's single moguls event.

"I'm thrilled to be back on top of a World Cup," Kingsbury said. "There were a few challenges with the course and I had to beat some really good competitors along the way. I really wanted to win (Saturday) and I didn't, so I was extra motivated.

"My confidence kept going up after each dual. I'm happy with the way I dealt with things and that I've basically locked up the Crystal Globe (the overall title)."

Audrey Robichaud of Quebec City and Chloe Dufour-Lapointe of Montreal were back on the podium, finishing second and third respectively in the women's dual moguls.

THE CANADIAN PRESS

SECOND WIN

Marie-Michele Gagnon of Lac-Etchemin, Que., captured her second career World Cup Alpine victory by winning the women's combined event on Sunday in Andorra.

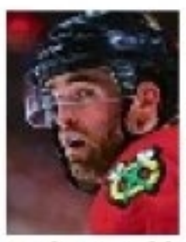
NHL

Debut point for Ladd in Blackhawks win

For all the star power with the Washington Capitals and Chicago Blackhawks, it was a connection between fourth-line forwards that proved to be the difference.

Richard Panik kicked the puck from behind the net to a streaking Dennis Rasmussen for the rookie's fourth goal at 12:47 of the third, and the new-look Blackhawks topped the NHL-leading Capitals 3-2 on Sunday.

Andrew Ladd got an assist in his return to Chicago after he was reacquired in a trade with Winnipeg on Thursday night.



Andrew Ladd
GETTY IMAGES

Jonathan Toews and Patrick Kane also scored as the Blackhawks (39-20-5) won for just the third time in their last eight games. Corey Crawford made 28 saves, helping Chicago leapfrog Dallas for the Western Conference top spot. THE ASSOCIATED PRESS

IN BRIEF

Wild's Haula nets to break home skid against Panthers

Erik Haula scored midway through the third period to lead the Minnesota Wild to a 3-1 victory over the Florida Panthers on Sunday.

Charlie Coyle and Jason Pominville also scored for Minnesota, which ended a nine-game winless streak (0-6-3) at the Xcel Energy Center. The Wild technically won a "home" game last Sunday, beating Chicago in a Stadium Series contest at the University of Minnesota.

THE ASSOCIATED PRESS

Scott victorious with conventional-length putter

Adam Scott won the Honda Classic and put to rest any notion that his career would suffer with a short putter.

In a tight duel with Sergio Garcia for the entire round Sunday at PGA National, Scott stayed out of the water and closed with an even-par 70 for a one-shot victory. It was his first title since Colonial in May 2014, and his first time winning with a conventional putter since 2010.

THE ASSOCIATED PRESS

SCOTTIES

Defending champ Jones wins bronze

Jennifer Jones won the bronze medal at the Canadian women's curling championship Sunday with an 8-7 win over Manitoba's Kerri Einarson.

Alberta's Chelsea Carey and Northern Ontario's Krista McCarville were to meet in the championship game at night.

Jones was the defending champion at this year's Scotties Tournament of Hearts, so her Winnipeg team wore the Maple Leaf as Team Canada.

She lost 7-5 in the semifinal to Northern Ontario's Krista McCarville in Saturday's semifinal. Einarson also lost 7-5 to McCarville in the Page playoff between the third and fourth seeds.

Jones made a draw to the four-foot rings with her last shot of the game for the win. "The future of Manitoba curling is very bright," Jones said.

THE CANADIAN PRESS

Go to metronews.ca for coverage Sunday night's final.

City new League Cup champs

SOCCER ROUNDUP

Meanwhile, United defeat Arsenal, Spurs win to stay 2nd

City celebrate winning the League Cup. GLYN KIRK/AFP/GETTY IMAGES

Manchester City added another League Cup to the growing collection of trophies under its Abu Dhabi ownership, beating Liverpool in a penalty shootout, with Yaya Toure converting the clinching spot kick on Sunday.

And on a day of double delight for the Manchester clubs, United damaged Arsenal's Premier League title challenge after new star Marcus Rashford scored twice in a 3-2 win. The 18-year-old striker has now scored four goals in his first two starts for United.

Second-place Tottenham rallied to beat Swansea 2-1 to trim the gap to surprise league leader Leicester to two points.

Second-choice goalkeeper Willy Caballero was selected ahead of Joe Hart for the game — as he has done throughout this competition — and saved three penalties in the shootout. Toure slotted the decisive penalty into the corner to seal a 3-1 shootout win and became the man for the big occasion again, having scored in both of City's FA Cup and League Cup final victories in recent years.

City went ahead in regulation time through Fernandinho and wasted a series of chances before Philippe Coutinho equalized in the 83rd minute. Coutinho was one of the three Liverpool players to have a penalty saved in the shootout, along with Lucas Leiva and Adam Lallana. In the Premier League Tottenham kept up its pursuit of surprise leaders Leicester after scoring two goals in eight minutes — through Nacer Chadli and Danny Rose — to overhaul Swansea, which led early through Alberto Paloschi.

Arsenal is five points adrift of Leicester after another bad day at Old Trafford, where Rashford scored in the 29th and 32nd minutes to continue his dream start to his United career. On his senior debut on Thursday, Rashford also grabbed a double in the Europa League against FC Midtjylland.

After former United striker Danny Welbeck replied for Arsenal, Rashford set up Ander Herrera for a shot from the edge of the area that deflected in off Laurent Koscielny. Mesut Ozil made it 3-2 but fifth-place United held on comfortably to move three points off the top four. Arsenal hasn't won in the league at Old Trafford since 2006.

THE ASSOCIATED PRESS

DIVISION TABLE

	GP	W-D-L	Pts.
Leicester	27	16-8-3	56
Tottenham	27	15-9-3	54
Arsenal	27	15-6-6	51
Man. City	26	14-5-7	47
Man.United	27	12-8-7	44
West Ham	27	11-10-6	43
S'hampton	27	11-7-9	40
Stoke City	27	11-6-10	39
Liverpool	26	10-8-8	38
Watford	27	10-7-10	37
Chelsea	27	9-9-9	36
Everton	26	8-11-7	35
West Brom	27	9-8-10	35
Crys. Palace	27	9-5-13	32
B'mouth	27	7-8-12	29
Swansea	27	6-9-12	27
Norwich	27	6-6-15	24
Newcastle	26	6-6-14	24
Sunderland	27	6-5-16	23
Aston Villa	27	3-7-17	16

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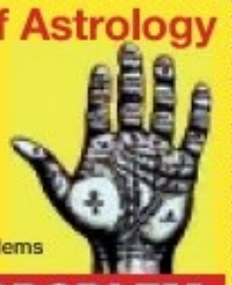

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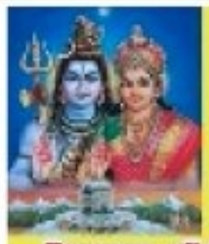

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1. 151.48 Acres - 5;1;22;6;NE
2. 2.60 Acres - 0512195;2;2 (Part of 5;1;22;6;NE above)
3. 155.70 Acres - 5;1;21;18;NE
4. 160 Acres - 5;1;21;18;NW
5. 156 Acres - 5;1;21;18;SE
6. 160 Acres - 5;1;21;17;NW
7. 160 Acres - 5;1;21;17;NE
8. 155.70 Acres - 5;1;21;7;NE
9. 128.69 Acres - 5;1;21;7;NW
10. 155.50 Acres - 5;1;21;7;SE
11. 160 Acres - 5;1;21;7;SW
12. 157.79 Acres - 5;2;21;1;SE
13. 148.82 Acres - 5;1;20;31;NE

Anyone interested in submitting an offer to purchase any or all of the lands described above should contact Lexy R. Wong as set out below to obtain an offer package which will contain additional information about the lands and the terms and conditions which the Estate may consider when reviewing the offers.
All offers shall be submitted in writing in the form provided in the offer package and delivered no later than 12:00 p.m. MST (noon) on April 18, 2016 to the following:
Lexy R. Wong, Bennett Jones LLP Calgary
4500 Bankers Hall East, 855 - 2nd Street SW, Calgary, AB, T2P 4K7
P. 403 298 3079 | E. WongL@bennettjones.com

RECIPE Roasted Cod Provençal

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

This flaky cod sits in a thick and delicious sauce featuring herbs and olives. Trust us. It's all about the olives.

Ready in
Prep time: 10 minutes
Total time: 30 minutes
Serves 4

Ingredients
- 2 Tbsp olive oil
- 2 cloves of garlic, minced
- 1 red onion, sliced
- 1 bulb of fennel, trimmed and thinly sliced (retain the fennel fronds for garnish)
- 1 red pepper, trimmed and thinly sliced
- 1/4 tsp dried thyme
- 1/4 tsp dried oregano
- 1 can of tomatoes (28 oz.)
- 1/3 cup black olives, pitted
- 4 filets of cod

Directions
1. Preheat the oven to 350 F.
2. In a large skillet, warm olive oil over medium heat. Toss in the garlic, onions and fennel and sauté for about 5 minutes until vegetables begin to soften. Add the peppers and the herbs and cook for another 3 minutes.
3. Add the tomatoes and olives. Use the back of a wooden spoon to break up the tomatoes. Allow to simmer and thicken, about 10 minutes.
4. Pour the sauce into a baking dish. Lay the cod over the sauce and bake for 12 to 15 minutes, until fish is flaky.
5. Sprinkle finely chopped fennel fronds over top.

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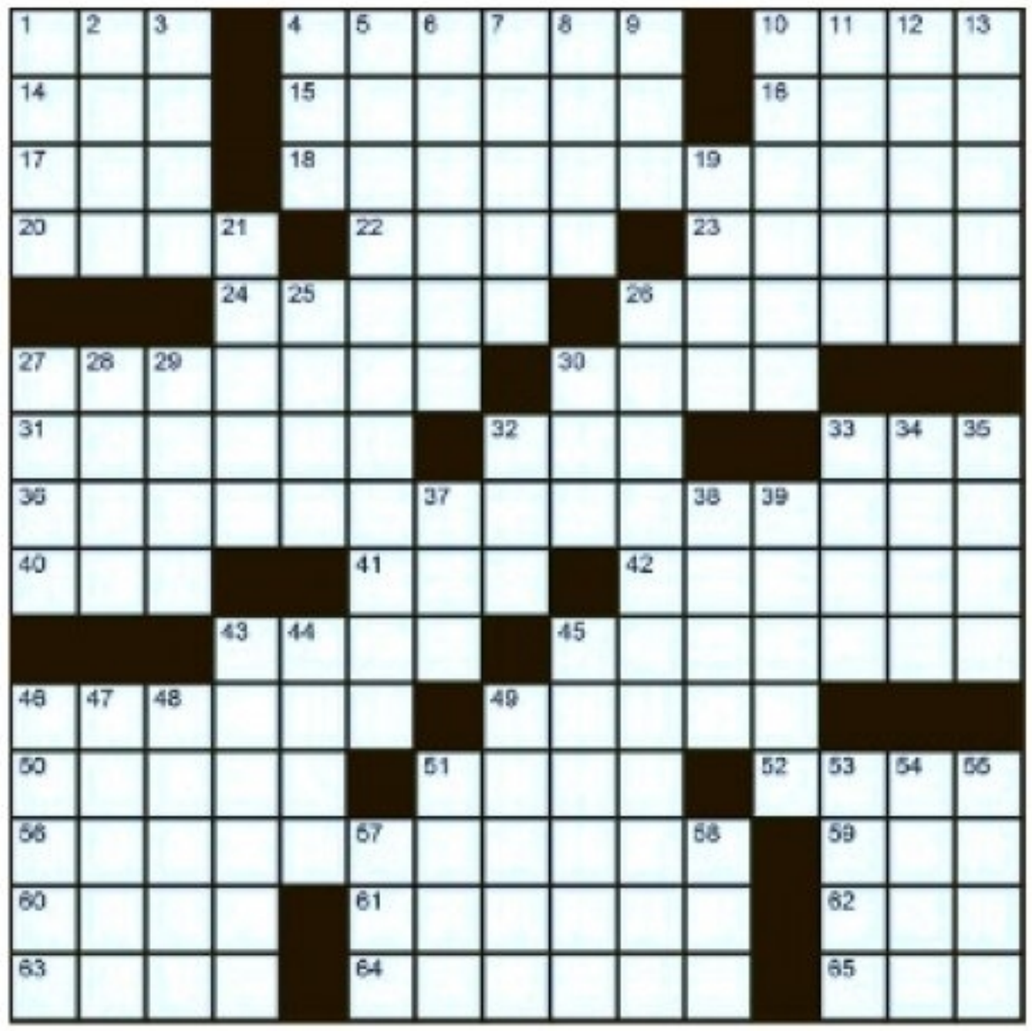
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Premium auto maker
4. Clash hit: "Rock the _"
10. Sitar song
14. Regret
15. Woolly animal
16. Biblical grandson
17. Publicize
18. Leap Year: Today is February _-_
20. Mr. Kinnear
22. Tibet's shaggy animals
23. Rinse with a solvent
24. Connects
26. Loonie
27. Turns in the coupons
30. Lots
31. "That may be, however...": 2 wds.
32. There: Latin
33. Univ. paper
36. BC: _ _ National Park
40. Tic-Tac-Toe losing line
41. Lana Del Who?
42. Canuck rocker Neil's family
43. Stairway feature
45. Madrid language
46. Arrow-throwing matchmaker's
49. Bogus
50. Fennel-like flavour
51. Ben _ (Sci-Fi author of Return to Mars)
52. _ Canal
56. Passes-processing person: 2 wds.
59. Blue/orange jerseys NHL team [acronym]
60. Theatrical opening, _ _
61. Insight
62. 'Fall' suffix (Misconception)
63. Midday
64. Fido can't stay here: 2 wds.
65. Caribbean music

DOWN
1. Talk big
2. "The Ghost & Mrs. _"
3. Jewel's "You _ Meant for Me"
4. Meower
5. 1984 Los Angeles: Olympic kayak champion who raised an eagle feather when he and teammate Hugh Fisher won gold for Canada: 2 wds.
6. Verbalizes
7. Does depositing
8. Parliament statutes
9. Barnyard bale
10. Showbiz personality, Charles Nelson _
11. Invalidate
12. "Something's _ Give" (2003)
13. Peter of '60s pop duo Peter and Gordon
19. Vegas illuminator
21. Ms. Close
25. 'Class' suffix (Most elegant)
26. Discovery Channel science show: 2 wds.
27. San _, Italy
28. Rachael Ray's lettered liquid
29. Two: French
30. British honour [acronym]
32. Crawling plant
33. Rice-A-_
34. Mail deliveries, e.g.
35. Musician/radio personality John
37. Seafood, to some
38. "_, _ I was saying..."
39. Songs
43. Co-host of #26-Down, Dan _
44. "Zip-_-_-Doo-Dah"
45. "I need heeeelp!": 2 wds.
46. The Settlers of _ (Board game)
47. Canadian food company since 1917
48. Prefix to 'graph' (Cave drawing, for instance)
49. Be a pair of glasses coming in from the cold: 2 wds.
51. Betty Crocker salad topping soya bit
53. Irish actress Ms. O'Connor's
54. 15th-century Flemish painter, Jan van _
55. Ms. Tong, co-host of the Canadian show at #26-Down
57. Beige
58. Belonging to Memphis' li'l state

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
What someone is offering you may seem like a good deal but is it really? Hold out for more because you are way above average in skill, commitment and intelligence. They need you more than you need them.

Taurus April 21 - May 21
There are times in life when it is better to give up than to struggle on with a thankless task and this may well be one of them. Take the hint and move on to something else.

Gemini May 22 - June 21
Stop worrying what other people think about you. You are who you are and no one has the right to demand you be anything else. Don't listen to those advising you otherwise.

Cancer June 22 - July 23
Don't just believe what other people tell you today — find out for yourself. Most likely you will quickly see through their lies and distortions and arrive at a truth that is very different to what they wanted you to believe.

Leo July 24 - Aug. 23
The news you get today won't be as bad as you feared, so look on the bright side. If you make a habit of seeing things in a negative light then they may become self-fulfilling.

Virgo Aug. 24 - Sept. 23
Forget about making changes because you're still heading in the right direction. Contrary to what some people might be telling you, your life does not need a major rethink.

Libra Sept. 24 - Oct. 23
Financial and career concerns seem to be taking up a lot of your time and emotional energy. You know from past experience that it will all come right in the end. Find reasons to smile, and make others smile too.

Scorpio Oct. 24 - Nov. 22
It may be true that your working life is in a bit of a rut but don't go doing anything drastic just yet. You are advised to sit back, relax and watch (and laugh at) the passing parade.

Sagittarius Nov. 23 - Dec. 21
Spell out in plain and simple language what it is you need done. If you leave room for doubt you can be sure that someone will get it wrong and cause unnecessary mayhem.

Capricorn Dec. 22 - Jan. 20
The more you try to analyze your current situation the more complicated it looks, so why not take the hint and let it be? Focus on things you feel more comfortable with.

Aquarius Jan. 21 - Feb. 19
If you don't slow down you could end up falling down! Your emotional and intellectual energy may be unlimited but your physical energy is not. Don't burn yourself out.

Pisces Feb. 20 - March 20
It's important that you treat someone fairly, even if they do not fully deserve it. They have broken the rules, but if you look at their situation with a little more sympathy you may find they did not have much of a choice.

CONCEPTIS SUDOKU by Dave Green

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	7		3					
4		2		6				1
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						8		

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FRIDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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4	9	7	5	2	8	6	1	3
5	3	2	6	7	1	9	4	8
6	8	1	9	4	3	7	5	2
2	4	3	1	8	6	5	9	7
7	6	9	2	5	4	3	8	1
8	1	5	3	9	7	2	6	4
9	5	8	7	1	2	4	3	6
3	7	4	8	6	5	1	2	9
1	2	6	4	3	9	8	7	5

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